



**American Prep-West Valley 1 Campus Newsletter
October 8, 2021**

<u>CALENDAR</u>	<u>EVENTS & DATES</u>
<p>October 13 & 27 Tuesdays/Thursdays November 3,10 & 17 November 5 & 12</p>	<p>October “Show What You Know” Assemblies 8:15-8:35 am Free English Classes! Tues 2:25-3:25 / Thurs 1:25-2:25 November “Show What You Know” Assemblies 8:15 am. November Friday Clubs *</p>
<p>Friday, Oct 8 Tuesday, Oct 12 Tuesday, Oct 12 Tuesday, Oct 12 Thursday, Oct 14 Thursday, Oct 14 Friday, Oct 15 Friday, Oct 15 Friday, Oct 15 October 18-22 Monday, Oct 25 Mon/Tues Oct 25&26 Tuesday, Oct 26 Thursday, Oct 28 Tuesday, Nov 2 Friday, Nov 5 Monday, Nov 8 Tuesday, Nov 9 Tuesday, Nov 16 Thursday, Nov 18 Friday, Nov 19 Nov 24-26 Friday, Dec 3 Thursday, Dec 9 Monday, Dec 13 Tuesday, Dec 14 Tuesday, Dec 14 Thursday, Dec 16 Thursday, Dec 16 Friday, Dec 17 Friday, Dec 17 December 20-31</p>	<p>12:15/12:35 Dismissal for all Students (1st Term Grading Day) 1st , 2nd, 3rd Grade Fieldtrips Sistema Showcase 6-6:30 Parent Empowerment Workshop: Mental Health 7:00pm Zoom School Photo Day 1st Term RU Store 9-11:30am* End of 1st Term SPIRIT DAY! (Wear your APA spirit wear!) * End of Term 1-Report Cards come home Friday Clubs 3:50-4:30 No School – Fall Break 2nd Term Begins * November Lunch Ordering 6-8pm 12:15/12:35 Dismissal (Professional Development Day) * Governing Board Meeting 7 pm at APS District Office * Election Day * Spirit Wear Friday (1st Friday of the Month – Wear your APA spirit wear!) * Veterans Day Assembly* Parent Empowerment Zoom 7pm Internet Safety/Anti-Bullying* School Photo Retakes* Parent/Teacher Conferences 3-7pm* No School for Students - Parent/Teacher Conferences* No School - Thanksgiving Break* Spirit Wear Friday (1st Friday of the Month – Wear your APA spirit wear!) * 5th Grade Ambassador Event: “Beach Bash” 12:25-2:50* 6th Grade Science Fair Sistema Winter Concert 6-7pm* 5th & 6th Choir, Band & Orchestra Concert 7:15-8:15pm* 2nd Term Reading University Store 9-11:30am 6th Grade Ambassador Event: “Beach Bash” 12:25-2:50* 12:15/12:35 Dismissal for all students* End of Term 2 – Report Cards come home* No school – Winter Break*</p>
<p>*Newly added to this newsletter calendar</p>	<p>Electronic calendar can be accessed on the website @ http://westvalley1.americanprep.org/ Facebook page: https://facebook.com/americanprepWV/</p>



Are You a “90 SECOND” Newsletter Reader? DON’T MISS THIS.

The first page of the newsletter has the key upcoming dates for the rest of 1st term and 2nd term! Please add them to your personal calendar.

October Builder Theme:

I am a Builder When I am Perfectly Honest

I was chatting with a student at carpool the other day. He was listing his grievances about another student’s behavior, while assuring me that he had done absolutely nothing himself. (You know, as parents, that this is...well...usually questionable.) My “perfectly honest” red flags were raising and then confirmed when I asked this student to tell me his name. He responded first with a shrug of his shoulders. “You don’t know your name?” I queried. He emphatically shook his head no. (This was not one of our sweet kindergartners who sometimes do struggle to share their names! I was confident he knew exactly who he was. 😊) Our chat continued—now with a little discussion about being perfectly honest! With that obvious untruth, I lost confidence in some of the other things he had shared with me.

I share this story to make this point: When we are consistently perfectly honest in our communications with others, they can trust that what we say is truth. Every time. When we are dishonest, only honest some of the time, or only partially honest—then everything we say is up for question. Others will ask themselves: Are they telling the truth this time or are they not? As Builders, we gain the complete trust of our family, friends, coworkers, teachers, employers—everyone we interact with--when we are consistently and perfectly honest. That is a gift and character quality worth working for!

Covid Reminders

Thank you, parents, for paying attention to your student’s health on a daily basis—and keeping them home when they are unwell. Just as a reminder, if you have your student tested for Covid19, always keep them home until you have the results. If your student tests positive, please inform the school as quickly as possible so we can minimize exposure and quickly inform the parents of any students who may be affected, so they may take proper precautions at home. Remember, we are able to do rapid testing at school for our WV1 students and staff. To request this, follow these procedures:

1. Go to the Redcap website to register your student (or yourself), which is found at testapa.com. Redcap is the state’s official COVID19 testing site. Choose your campus, and then fill out the form, registering your student (or yourself if you are a staff member). Once someone is registered, they will remain on the Redcap system and will not need to register again.
2. Go to the appropriate google form and fill it out: Student Link: <https://forms.gle/Z6ZwXZhPsWCwNvxT8>



Virtual Parent Empowerment: Mental Health and Wellness

Among the many lessons learned during the pandemic has been just how important it is to pay attention to our mental health and wellness as well as our physical health. In reality, our physical and mental health are intertwined. Most symptoms of mental illness emerge in the teenage-young adult years. Join us in our Virtual Parent



Empowerment on Tuesday, October 12th at 7 pm as we explore what is mental health, how to identify symptoms of mental illness and how to get help, and the protective factors to help avoid serious issues. Your school may provide an incentive for participation. This topic is appropriate for students and parents so invite your students to participate with you. Use the link or QR code to join See you on zoom!

Zoom link: Join Zoom Meeting <https://uetn-org.zoom.us/j/87946211653>

Meeting ID: 879 4621 1653

VETERANS DAY! Assembly & Reception, Essay Contest, Honor Wall

We love celebrating Veterans Day at American Prep and we hope that you will join us in the celebration! Here are the things you will want to participate in and/or be aware of:

- **Veterans Day Reception & Assembly:** *Monday, November 8, 9:15am reception, and 10am assembly.* At this assembly, we honor and recognize the veterans of all the branches of our military. Each grade prepares and performs a special number for our honored veterans and their guests. Your ticket in to this special assembly is to BE a veteran or to INVITE a veteran to come. Friends, family, neighbors—if you know a veteran, please invite them! And you can accompany them! If you haven't experienced this event, FIND a VETERAN and ask them to come. You will not regret it! If veterans are able to stay to visit in a classroom after the assembly, we always LOVE that.
- **Honoring Veterans Essay Contest:** This contest is open to any grade student who would like to submit an essay. All of our 5th graders will participate as this is part of their writing curriculum for 2nd term. Three finalists will be chosen—and these three students will present their essays at the Veterans Day assembly.

Interested students should submit their essays to their homeroom teacher by Thursday, October 14.

- **Veterans Honor Wall:** Do you have a veteran neighbor, friend or family member that you want to honor for their service? Let us include them on our 2021 Veterans Honor Wall—our second year of this WV1 tradition. It's so quick and easy. Enter their info into the google form and upload an image of them. If you have any trouble with the form, you can also email your photo to Mrs. Leavitt @ lleavitt@apamail.org. <https://forms.gle/UwDWicP6LRNS1b9dA>



If you shared photos last year, we have saved them and will put them up!



Lost & Found

With cool mornings and warm afternoons, we are getting a fine collection of sweaters and jackets in our Lost & Found. And many water bottles! PLEASE come in and check for any missing items your student may have. At the end of each term, unclaimed items will be donated. Reminder: Put first & last names on every label so a lost item can be easily identified.

Reminder about Boots & Jackets

From October through March, K-6 girls have the option of wearing low heeled, solid black dress boots as foot wear. They should bring PE shoes to change into on their PE days.

On cold or snowy days, students may wear any style boots *to and from school* and *out to recess*, but should bring their school shoes to wear during the day.

The same goes for jackets. Students may wear any jackets to and from school and out to recess. In class, students will need to wear a navy blue sweater if they desire an additional layer.

APA Reading and Math Lesson Video Bank (Week 3 or 3)

Did you know that there are videos for our reading and math lessons on the APA website? This way if your student is sick for a few days or if they just need another repetition of the teacher teaching it to get their homework done, they can get the help they need. Go to www.americanprep.org and then click on "Parent Resources" and scroll down to "Reading and Math lessons" and then click on "Math Lessons" or "Reading Lessons". Click on the math or reading level your student is at and click on the lesson number on the left hand side.

Super Fun Volunteer Opportunity! Next week's RU Store!



We could use 2-3 happy volunteers to help Mrs. Crystal Butler run the RU store next Thursday morning, October 14. If you would like to earn some super fun volunteer hours, please use this link to sign up for the RU store! <https://forms.gle/yjNdjCLaCz84MjFC9>

Volunteering - Reporting Your Hours and Donations (Every Week!)



We are so excited to have our parents back with us! Use this QR code or link to report your volunteer hours here: [Report Volunteer Hours Here](#)

This info will be included with each newsletter for handy access.