



## School Calendar – WV1 Campus

August 31, 2017

Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>  
West Valley One Facebook link: <https://www.facebook.com/americanprepWV1>

School Hours – Sept 4-8 – Mon-No School, Tues, Fri – 8:15 – 3:25/3:50 Second Dismissal  
Wed & Thurs – 8:15 – 2:25/2:50 Second Dismissal

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| Wednesday, Sept 6  | Ambassador Event – W.O.R.K. Party - 8 <sup>th</sup> Grade – 8:00am-12:00 pm  |
| Thursday, Sept 7   | S.W.Y.K. Assembly – 8:15 – 8:45 am   |
| Wednesday, Sept 13 | Ambassador Event – 7 <sup>th</sup> Grade – Leaders for Life – 1:10-3:45 pm   |
| Friday, Sept 15    | <b>Secondary Early Dismissal</b> -7 <sup>th</sup> , 8 <sup>th</sup> , & 9 <sup>th</sup> , – 12:15 pm – Parent Teacher Conference - 1:00 – 4:00 pm – By invitation or request (Elementary regular schedule) <b>NO Collegium Hall, YES Sistema</b> |
| Wednesday, Sept 27 | Speech Festival – 1 <sup>st</sup> – 3 <sup>rd</sup> – 12:30 – 1:15, 4 <sup>th</sup> – 6 <sup>th</sup> – 1:30 – 2:15  |
| Wednesday, Sept 27 | Ambassador Event – 8 <sup>th</sup> Grade – Barn Event & BBQ – 11:00-1:00   |

### September Builder’s Theme – “I am a Builder when I Builder with Enthusiasm”

Enthusiasm is absolutely necessary if you ever want to accomplish anything of value. You need a larger-than-life excitement in whatever it is that you are doing for it to be successful. You can gain incredible enthusiasm within your life by following some simple steps.

- ✓ **Be Passionate** – You have to have a passion for what you are doing if you want to build enthusiasm for it. Be excited when you wake up in the morning and as you go to bed at night. Simply put, love what you do and enthusiasm will follow.
- ✓ **Be Grateful** – I express gratitude for all that I have and this helps me become even more excited about what I’m doing.
- ✓ **Be Positive** – Enthusiasm cannot survive in a negative environment. You need to be positive for your enthusiasm to thrive. Look at the silver lining. Look on the bright side of things. Try to find something positive in every bad situation.
- ✓ **Be Proud** – Pride is very important to create lasting enthusiasm, as anything that is worth being proud of, is worth having enthusiasm for.
- ✓ **Be Creative** – Enthusiasm generates creativity and creativity triggers enthusiasm. Be innovative and creative in whatever you are doing and watch your enthusiasm skyrocket.

### “Lights On” Afterschool at WV1!

Thank you to all the students and families that attended “Lights On” last Friday and helped kick off our afterschool programs for the year! With over 600 in attendance, everyone had a fantastic time visiting community partners, signing up for clubs, dancing to Rockin’ Robin, enjoying root beer floats and popcorn, hula hooping and more, renting instruments, and even stopping by the barbershop for a 50’s hairdo! We’re excited to celebrate milestones all year with our 1950’s ‘Rock Around the Clock’ theme, so keep those poodle skirts and leather jackets handy!



## Take a “N.O.T.E.”

As we talked about in our Back-to-School Nights for parents, we are introducing a new initiative with all the members of our West Valley 1 community. “N.O.T.E.”—Not One Thing Ever! Our new expectation will be that we are each aware of what we have in our hands and that we never drop or leave anything on the ground—Not One Thing Ever! Our students, our staff, our parents—all of us deserve to be in an environment that is clean and orderly and well cared for. Learning happens better in a place like that! Our goal is to make each person aware and responsible—so that our halls, play areas, restrooms, classrooms and school grounds are always clean and looking sharp. It’s a powerful idea—and one you can incorporate with your families outside of school as well! Not One Thing Ever! Feels right, looks tight!

## Speech Festival

In a few weeks, all of our elementary students will participate in classroom speech festivals. This will happen the week of September 11-15. They will be memorizing and presenting a poem or monologue or short speech to their classes. Two finalists from each class will then be selected to compete in an elementary-wide festival on September 27<sup>th</sup> - 1<sup>st</sup> - 3<sup>rd</sup> at 12:30 - 1:15 pm and 4<sup>th</sup> - 6<sup>th</sup> at 1:30 - 2:15 pm.

Why do we have a Speech Festival? We have Speech Festivals to give students the experience of getting up in front of others and speaking in a place where they are safe. It encourages students to improve their public speaking abilities. And it gives students with a public speaking talent an opportunity to shine.

As you help your student prepare for this event, keep these tips in mind:

- Students can choose their own poem, monologue or short speech or can do something they learned in school.
- The piece should be memorized
- The performance should not go over 2 minutes
- Students are judged on the presentation of the selection, their facial expression, pacing, voice, diction, projection and the way they connect with the audience
- To get full points for connecting with the audience, contestants are encouraged to use a “hook” as an introduction or an end to their selection
- Contestants may wear a simple costume if they would like, use a chair or a stool, and have simple props

## Text Message Updates and Reminders

One of the pieces of feedback we received from you through our survey was the need for improving communication. In an effort to improve communication we are introducing a new system called “Remind.” Remind is an application which will send a text message to a large group all at once. It works through text message but is only a one-way communication from us to your phone. It will be used sparingly and as a reminder for school events or changes to our normal school day. Our school newsletter will still be the main source of communication and calendaring.

**If you would like to opt in to receive communications from the Jr. High, please text the message “@mrsheneman” to the number 81010.** The number 81010 is a shortened phone number and @mrsheneman is the message which will activate you into the Junior High Families group.

**If you would like to opt in to receive communications from the Elementary, please text the message “@k9ge23” to the number 81010.** This will activate you into the Elementary Families group. If you have students in both elementary and Junior High, please opt in for both. During Parent Orientation this week we explained this in more detail. If you still have questions, please email or stop by the Jr. High Office or the Elementary Office. We are excited to be able to contact you more quickly when things need to be adjusted.

**Carpool/Dismissals** - New elementary students will be in Academic Extended Day (2nd dismissal) for the first term of school. This means your dismissal time will be 3:50 pm on Monday, Tuesday and Friday and 2:50 pm on Wednesday and Thursday. Please wait and enter the carpool line no earlier than 5 minutes before your student’s dismissal time. (If you arrive earlier than that time, please park in a parking spot and wait until the 1st dismissal line has cleared.) We want to be sure your whole family is assigned to the same dismissal time. If you have children assigned to different dismissal times, please let the academic office know and they will correct that.



**School Lunch** - Please be sure your student has lunch each day! They can bring a home lunch or can order a school lunch online at <https://apalunch.h1.hotlunchonline.net/>. Orders must be placed by midnight of the day before. If you have questions, please e-mail Mrs. Kristine Stevens—[kstevens@apamail.org](mailto:kstevens@apamail.org)

**Substitutes** – From our years of experience, we know that our parents make the very best subs! Do you want to be involved in an important way, learn great teaching skills, have fun AND get paid for it? We are in need of substitutes at all our APA Campuses. If you are interested, or know of someone who might be interested, please let us know! Apply online at [www.americanprep.org](http://www.americanprep.org). Please e-mail our school director, Laura Leavitt, if you would like more information. [lleavitt@apamail.org](mailto:lleavitt@apamail.org). Our next sub training will be starting soon!

## **JR. HIGH NEWS**

On Friday, September 15<sup>th</sup>, will be a Parent Teacher Conference, intended for students who have fallen behind in the first few weeks of school. The goal is to catch them early and get them back on track. This Parent Teacher Conference is not intended for all students. Teachers will be identifying students who need a little extra assistance then setting up a meeting with their parent(s). Parents will be contacted individually. If you are not contacted, but you feel like you would like to meet with a specific teacher, please feel free to contact them and schedule a meeting during or outside of this conference. This is not an all-parent meeting but a "by invitation" conference and not required for all parents. All Jr. High students will be dismissed this day at 12:15 pm.

## **AMBASSADORS**

At APA we believe in not only helping students achieve academic success, but also in developing virtuous character and citizenship. This program starts in K-4th when we teach students how to introduce themselves to others and shake hands while making eye contact. It continues in grades 5th-9th where they start participating in Ambassador events and have more opportunities to lead and serve. Ambassador events are high energy, interactive experiences where students learn important social and professional skills in a hands-on environment. These events are part of our required curriculum and students in 7th-9th receive a grade for participating.

The Ambassador program is always looking for volunteers at our Ambassador events! The biggest thing we need help with is at the events. During an Ambassador event, you will be in charge of a group of students as they go from one classroom to the next and participate in a workshop. We also need help serving food at some of the stations in the workshop. If you are available for ANY amount of time, please email Hailey Stevens at [hstevens@apamail.org](mailto:hstevens@apamail.org) or call 801.839.3616 ext.139.

**9<sup>th</sup> Grade Unity Hike** - We are ready to celebrate being back at school with the 9th Grade Unity Hike on Thursday, August 31st. This is an all-day activity that focuses on unifying our students and building teamwork skills. All students are required to attend and must be on time so they don't miss the bus! We pull out at 8:15 am. Please send your student with a water bottle. Supplemental water and snacks will be provided. They need to come with a positive attitude and dressed in their polo's, long jeans and comfortable walking shoes. It's sure to be a great time!

**W.O.R.K. Party** - On Wednesday, September 6<sup>th</sup>, all 8th Grade students will have the opportunity to provide community service at The Stable Place. The event will run from 8:00 am - 12:00pm. The goal of these projects will be to allow students to do physical, not so glamorous work, to help them realize that everyone has the responsibility to help out in their community. Hence, the acronym W.O.R.K., which stands for Wonderful Opportunities to Render Kindness. Here at APA, we not only teach our students how to work hard, but also how to find opportunities to serve their community.

\* **Note:** Signed permission slips are required and must be turned in to 4th period teachers by Friday, September 1st for full points.

\*\* This is a required event and will be included in students 4th period Ambassador Hour grade.



## After-school programs (Sistema & Collegium Hall) – beginning August 28!

### **Presenting: Our 2017-2018 Afterschool Club Line Up!**

Our fabulous club advisors held club sign up at “Lights On” last week and were successful in helping students sign up! A couple clubs are full, but if you are still interested in signing up for a club, please email the club advisor for availability. **Note: Sistema students are permitted to participate in one extracurricular (including clubs) in addition to their Sistema classes.**

**Latin Club** with Mrs. Adamson (open to 7-9th grade), Mondays and Thursdays during second dismissal, Purple break out room, first meeting on August 28

**Art Club** with Ms. Cahoon (open to 6-7th grade), Wednesdays from 2:30 - 4:00 pm, Art Room, first meeting on August 30

**Robotics Club** with Mrs. Deplace (open to 4-8th grade), Thursdays from 2:50 - 4:00 pm, Mrs. Deplace's room, first meeting on August 31

**Improv Club** with Mrs. Spencer and Ms. Denison (open to 6-9th grade), Tuesdays from 4:00 - 5:00 pm, Room TBD, first meeting on September 5

**Knights of the Game Table** with Mr. Nath (open to 4-7th grade), Mondays from 3:50 - 5:20 pm, Science room, first meeting on September 11

**Math Club** with Mrs. Woodcox and Ms. Carson (open to 7-9th grade), Fridays from 4:15 - 6:30 pm, [Mrs. Woodcox's room](#) and Ms. Carson's room, first meeting on September 8

**Knitting Club** with Ms. Cain and Mrs. Leavitt (open to 4-9th grade), Mondays and Tuesdays from 3:50 - 4:50 pm, Ms. Cain's room, first meeting on Monday, October 1

**All parents are required to come into the building to pick up their student during afterschool hours.**

### **Sistema MAKE A NOTE!**

Monday, Tuesday, Friday:

3:25 - 3:50 - Academic Extended Day (AED)

3:50 - 4:40 - Sistema 1st period (includes snack time. We provide the snack)

4:42 - 5:22 - Sistema 2nd period

5:24 - 6:05 - 3rd period

6:05 - 6:30 - Homework time and parent pickup. (Must come into the school to sign your student out.)

Wednesday & Thursday:

2:25 - 2:50 - Academic Extended Day (AED)

2:50 - 3:40 - Sistema 1st period (includes snack time. We provide the snack)

3:42 - 4:22 - Sistema 2nd period

4:24 - 5:05 - 3rd period

5:05 - 5:30 - Homework time and parent pickup. (Must come into the school to sign your student out.)

If you have not received an email confirmation about your student's enrollment in Sistema, please email Mrs. McCullough at [cmccullough@apamail.org](mailto:cmccullough@apamail.org).

*\*If you need to pick up your Sistema students early please do it between classes. Thanks!*



## Every Monday Matters is "Listen First"

We have had an exciting first week in Sistema with so many eager students ready for music. We have over 170 students in our program this year. That is a record at WV1! Our Sistema teachers are quickly doing assessments to see what the students already know and what progress has been made over the summer. By Monday all the students should be bringing their instruments every day, including Friday for Ensemble day. Those who are just starting out on an instrument may feel that they are not playing their instrument. The violin students that are new will be learning posture and set-up through games, so that when they first play with the bow on the string they will have the skills to play with beautiful tone. Be patient and give your child positive encouragement. The better the set up and the more positive the parents, the more enjoyable the student's journey will be.

### Sistema String (Performance group only):

- We have a workshop on Sept. 7 - 2:00-5:30 at WV2 with Cary Beth Hockett. She is an amazing improvisation teacher who is flying to Utah to come teach some amazing things on your instruments. We need some parent volunteers for this event. Please turn in your permission form ASAP.
- Performance - Save the dates:
  - Sept. 23 - Workshop and activity hosted Suzuki Association of Utah Activity at WV2
  - Sept. 29 Star Spangled banner performance at the University of Utah Volley Ball Game.