American Prep-West Valley 1: 801-839-3613 / Website @ https://westvalley1.americanprep.org/



Monday's Veterans Day Celebration - Walk of Honor

Free Adult English Classes @ 2:30-3:15

Calendar *New dates added

Every Wednesday **Every Thursday** Mondays & Fridays

Fridays

Tuesday, November 12 Friday, November 15

Friday, November 15 Tuesday, November 19

Thursday, November 21

November 27-29

Wednesday, December 4

Friday, December 6 Friday, December 13

Tuesday, December 17

Wednesday, December 18

Friday, December 20

Friday, December 20

December 23-Jan 3 Monday, January 6

Parent Empowerment Zoom (#3 of 7): Mental Health and Wellness @ 7 pm. Midterm Missing Work Deadline

Friday Clubs -3:50-4:30pm.

Friday APA School Spirit Day – wear your APA spirit wear!

4th-6th Show-What-You-Know Assembly @ 8:15 am. Parents are always welcome!

K-3rd Show-What-You-Know Assembly @ 8:15 am. Parents are always welcome!

WV1 School Land Trust Meeting @ 8:30-9:30am.

School Photo Makeup Day

Thanksgiving Break - No School

Annual Donation Drive Begins - Rock the Socks!

Friday APA School Spirit Day

6th Grade Science Fair – Volunteer Opportunity!

Sistema Winter Concert @ 6:00pm

5th/6th Grade Winter Music Concert @ 6:00pm

RU Store for 2nd Term

End of Term 2 – Report Cards - Early Dismissal 12:15/12:35

Winter Break - No School

Term 3 Begins

Hello American Prep-West Valley 1 Families! **November Builder Theme:** I Am a Builder When I Express Gratitude Through Word & Deed

I love November. I love Thanksgiving. And I love focusing on this month's builder theme of gratitude. When we have an attitude of gratitude and take the time to express that gratitude through our words or through our thoughtful acts, it can be magical. Not just for the person who is receiving those kind expressions, but for ourselves! It is like our own gratitude grows! We start to notice more and more things to appreciate and be grateful for. While we are brightening someone else's day, we find that we feel happier and more positive too. "Thank you", "I appreciate you", "I'm grateful for..."—these are powerful words! In our homes and school, out in the community-- make a point to express your gratitude and see how an attitude of gratitude works its magic on you!

Veterans Day—A Wonderful Celebration!

Last Monday, our students enthusiastically showed their gratitude to our wonderful veterans and their guests who attended our annual Veterans Day program. Thank you to all the students who performed so beautifully in the assembly and thank you to all the students who helped in additional ways.

Our honored veterans were warmly greeted by students at the front doors and directed to a reception in the multipurpose. During the reception, students in our Sistema Strings and Flute Choir provided music for them to enjoy. Students helped in the reception area, helping our guests with their food, visiting, and making sure they had everything they needed. When it was time for the assembly, student helpers escorted the veterans and guests down to the gym and gave out programs. During the program, a group of third grade students respectfully did the flag ceremony and led the group in the Pledge of Allegiance and the National Anthem. A group of 4th-6th grade students did a special presentation called "My American Duty". Three 5th grade students presented their wonderful winning essays about Veterans Day. Students courageously performed solos and others helped to individually thank each veteran and present each of them with a handwritten star note and commemorative pin—written by our West Valley 1 students. The 1st, 2nd, 3rd, 4th and 5th grade classes sang beautiful patriotic songs that they had prepared with Mr. Titensor, our music teacher, and 6th grade performed a poem called, "The Things that Make a Soldier Great."

To finish the assembly, the students and staff all joined together in a rousing song called "Thank You Soldiers" that brought tears to some of our veteran guests. Each class had the opportunity to have a veteran come and visit in their classroom and answer any questions that they had. The students were gracious, welcoming and made each veteran feel honored and appreciated. It was a wonderful day!

Thank you to all of you veterans who were able to come, and thank you to those of you who invited veterans to come. It is having veterans here to honor that makes this such a powerful experience for our students. One of our West Valley 1 families brought eight veteran friends and neighbors to the program. Amazing! The program can still be viewed at https://vimeo.com/event/4670511.



Veterans Day and a Moment of Silence

Monday, November 11 is the official date that Veterans Day is celebrated across our country. On Veterans Day, Americans observe a two-minute moment of silence to honor the service and sacrifice of veterans throughout history. This takes place on the 11th day of the 11th month at the 11th hour (a reference to the armistice that ended World War I.) In Utah's time zone, this will be at 12:11 p.m. At 12:11 p.m. next Monday, November 11, we will have a two-minute moment of silence here at school. We encourage you, wherever you are at that time, to pause and observe a moment of silence also.

You can still share a photo for the VETERANS HONOR WALL (Up all month!)

It is not too late to participate in the Veteran Honor Wall! We will keep this display up until Thanksgiving break. If you have a veteran neighbor, friend or family member that you want to honor for their service, let us include them on our 2024 Veterans Honor Wall! The main hallway is filled with photos of honored veterans special to our staff and students. It's quick and easy. Use the link or QR code to enter their info into the google form and upload an image of them. If you have any trouble with the form, you can also email your photo to Mrs. Leavitt @ lleavitt@apamail.org. https://forms.gle/UwDWicP6LRNS1b9dA

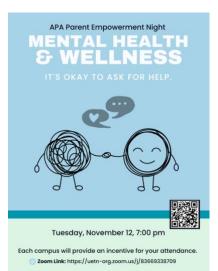


Parent Teacher Conferences—Thank you!

Thank you for scheduling and attending your fall parent-teacher conferences! If, for some reason, you were not able to come, please contact your teacher and arrange a time to meet. Parent-teacher conferences are two of the mandatory meetings for parents to attend. This one on November 6 & 7 and one in the spring, March 12 & 13.

Virtual Parent Empowerment: Mental Health and Wellness-Tuesday, Nov 12

Among the many lessons learned during the last few years has been just how important it is to pay attention to our mental health and wellness as well as our physical health. In reality, our physical and mental health are intertwined. Many



symptoms of mental illness emerge in the teenage-young adult years. Join us Virtual Parent Empowerment on Tuesday, November 12th at 7 pm as we explore what is mental health, how to identify symptoms of mental illness and how to get help, and the protective factors to help avoid serious issues. Your school may provide an incentive for participation. This topic is appropriate for students and parents so invite your students to participate with you. See you on Zoom. https://uetn-org.zoom.us/j/83669338709



Join Our Team as a Substitute Teacher! (Week 3 of

We're excited to announce that we're hiring substitutes at our West Valley 1 campus! This is a fantastic opportunity to make a difference in our students' lives while enjoying a flexible schedule. If you have a passion for education and a desire to support our dedicated teachers, we want to hear from you!



Ready to step into the classroom? Click <u>HERE</u> to apply today and become a part of our amazing community! Thank you for your support!

<u>Adult English Classes – Free to the community!</u>

For anyone hoping to improve their English speaking skills, our adult English classes have begun! All are welcome to come join the class, taught by our wonderful ELL instructor, Mr. Gonzales. English classes are held on Mondays and Fridays from 2:30-3:15. No need to sign up...just come!

Lunch Ordering Open—Now thru May!

Lunches can be ordered online through May. Remember that all school meals must be pre-ordered. Our sack lunches are prepared off-site and we only receive enough meals for those who have placed an order.

- Go to https://apalunch.h1.hotlunchonline.net/ to place your order
- Detailed ordering instructions

Volunteering at APA



<u>THANK YOU</u> to the parents who offered to be photographers at the Veterans Day assembly. The photo on the newsletter cover this week is a priceless moment captured by one of our parent photographers.

<u>THANK YOU</u> to the parent volunteers who prepared and donated food for the teachers and staff working late on the Parent/Teacher conference nights. It was a bountiful, delicious buffet that was SO enjoyed and appreciated.

Current/Upcoming Volunteer Opportunities:

Science Fair Judge!

Please consider volunteering as a judge for our West Valley 1 School Science Fair on Friday afternoon, December 13. All of our 6th grade students participate in the school science fair and the more judges we have, the more amazing this experience is for them.

You don't have to be a 6th grade parent--or even an APA parent--to judge the fair. We welcome all parents with an interest in science and welcome your friends also! Judging a science fair can be super fun and helps give our students interview and presentation experience. Science fairs are not possible without many people generously donating their time to judge. We are hoping to have 40 judges signed up to help. Signup Genius for Science Fair Judging



Reporting Your Volunteer Hours (Every week!)

Thank you for volunteering! This link and QR code to report hours will be at the end of every newsletter. Report Volunteer Hours





Join our

Parent Advisory Committee

Every school must have a Parent Advisory Committee (PAC) comprising of school administration and parents, with parents being the majority of the committee. The PAC generally meets 4 times per year and participates in developing the Annual School Plan, in deciding how the Land Trust monies will be spent, along with other matters important to our students at American Preparatory Academy.

You can find more information on the Parent Advisory Committee on our website. The school website contains information about:

If you are interested in serving on your school's Parent Advisory Committee, please let your Administrator know.

