



Come inside and enjoy what your students had to say about their school! We will keep these up until February 14.
 American Prep-West Valley 1: 801-839-3613 / Website @ <https://westvalley1.americanprep.org/>

Calendar *New dates added

- Every Wednesday 4th-6th Show-What-You-Know Assembly @ 8:15 am. Parents are always welcome!
- Every Thursday K-3rd Show-What-You-Know Assembly @ 8:15 am. Parents are always welcome!
- Mondays & Fridays Free Adult English Classes @ 2:30-3:15

- January 27-31 Celebrating “School Choice Week”
- Thursday, February 6 6th Grade Ambassador Event: Celebration! 12:25-2:50 – Volunteer opportunity
- Friday, February 7 APA School Spirit Day – Wear your APA spirit shirts / sweatshirts
- Friday, February 7 Early Dismissal - 12:15/12:35 - Elementary Grading Day – No Sistema
- Friday, February 7 District Charter Science Fair @ SLCC-Miller Campus – Judges Needed!
- Friday, February 14 End of Term 3 – Report Cards come home
- Friday, February 14 RU Store
- February 17-21 Mid-Winter Break – No School
- Monday, February 24 Term 4 Begins (Feb 24-April 4)

January Builder Theme:

I Am a Builder When I Think Positive Thoughts About Myself and Others

Our thoughts are powerful! And when we catch ourselves in negative thinking, we can replace those thoughts with positive self-talk. Positive self-talk is a strategy we can use to help us prepare for or get through situations that might make us feel anxious or fearful or discouraged. Teaching our children to use positive self-talk gives them a powerful tool to use as they face their own challenges. Some self-talk examples:

- “Concentrate on what I have to do.”
- “One step at a time.”
- “Anxious feelings are unpleasant, but not harmful or dangerous.”
- “I’ve succeeded with this before.”
- “It’s easier once I get started.”
- “I’ll jump in and be alright.”
- “I can get help if I need it.”
- “It’s OK to make mistakes.”
- “If I get tense, I’ll take a deep breath and relax.”
- “I did it!”
- “I did alright.”
- “I achieved that; I am getting better.”
- “I handled that; it should be easier next time.”
- “I can be pleased with the progress I’m making.”
- “I did that well.”
- “If I keep this up, I’m going to get really good at this.”
- “Next time, I won’t have to worry.”



<https://vimeo.com/1037938365/e786b47e95>

January Builder Video
 from the Character Development team.

I am a builder when I think positive thoughts about myself and others. We can do it!



Can You Spell A-M-A-Z-I-N-G ?

This week we had two exciting spelling bees! On Wednesday, the top two finalists from each 1st-3rd grade class competed in an exciting spelling showdown. Then on Thursday morning, the winners of the 1-3 bee joined the 4th-6th finalists for a tight competition that went over 30 rounds before a champion was declared. Congratulations to all our excellent spellers! Our 1st & 2nd place champs, Kianna & Addison will move on to compete at the City Journal Regional Spelling Bee on March 8. The winners of that bee go on to compete at the National Spelling Bee in Washington D.C. Way to go, students!



OUR 2025 SPELLING BEE FINALISTS

1st Cannon	Emiliano	Rodriguez Lopez	4th Beard	Ian	Bylsma
1st Cannon	Hudson	Forbes	4th Beard	Jeremy	Mendoza Romero
1st Crandall	Abdul	Atta	4th McCarthy	Addison	Monrroy Marroquin
1st Crandall	Maria	Maslah	4th McCarthy	Mohammed	Kanneh
1st Lukow/Brakey	Alexander	Reading	4th Morrison	Ameya	Kodoth
1st Lukow/Brakey	Xing	Zhong Aguilar	4th Morrison	Mikaela	Rincon Boscan
2nd Cooper	Sri	Gurumurthy	5th Bonzo	Gongchai	Aimonnya
2nd Cooper	Nabrissa	Berwa	5th Bonzo	Hailey	Bylsma
2nd Douglas	Noel	DeMartinis	5th Fumiss	Marlee	VanOrden
2nd Douglas	Kyler	Zabriskie	5th Fumiss	Julian	Duerden
2nd Williamson	Mele	Lavaki	5th Hand	Enzo	Chacin
2nd Williamson	Khit Htaw	Raejae	5th Hand	Ofa	Lavaki
3rd Ferlo	Nicolas	Valdespino	6th Beebe	Kianna	Pang Morales
3rd Ferlo	Maria	Garcia	6th Beebe	Liam	Gibbs
3rd Henderson	Swabir	Adi	6th Fullmer	Sai Yi	Chang
3rd Henderson	Romina	Castro	6th Fullmer	Elbet	Lian
3rd Stelly	Sebastian	Cruz	6th Marlowe	Aaria	Neufeldt
3rd Stelly	Mia	Nieves	6th Marlowe	Mia	Valladares

1st Place: Swabir Adi (3rd Grade)
 2nd Place: Mele Lavaki (2nd Grade)
 3rd Place: Sebastian Cruz (3rd Grade)

1st Place: Kianna Pang Morales (6th Grade)
 2nd Place: Addison Monrroy Marroquin (4th)
 3rd Place: Gongchai Aimonnya (5th Grade)

Valentines Day (Feb 14) – A Day of Caring and Sharing

Can my student share valentines with their classmates? (Week 2 of 2)

This is a great question—and the short answer is “yes”. From the Parent-Student Handbook (page 30 under Holiday Celebrations) here are the guidelines:



We encourage students to show they care by doing good deeds for others all during the month. If students wish to exchange valentine cards or treats (completely optional) they may within the following guidelines:

- All classmates must be included in the giving.
- Treats must be wrapped as they will be placed in backpacks to be enjoyed at home

Want some more interesting reading? The Parent-Student Handbook can be accessed on our school website under Parent Resources. [Parent/Student Handbook 24-25](#)



The Next Session of Friday Clubs will be Starting at the end of February (Week 2 of 3)

Thank you to all the club mentors who made it possible for SO MANY students to participate in Friday Clubs during September-December. The next session of Friday Clubs will begin after mid-winter break. As before, signup information will be emailed out and club spots will be filled on a first come-first served basis. The club line-up is being prepared, so keep an eye on your email for the sign-up link. It should be coming in a few weeks.

Reminder about Coats (Week 2 of 2)

This is no surprise for the adults, but guess what students! We live in UTAH and the winters are COLD here. Sometimes bitterly cold. We still have a significant number of students coming to school without coats. When asked if they have a coat, they almost always say yes—but they didn't bring it or they left it at home. PLEASE, PLEASE, PLEASE insist that your student brings their coat to school. If you need assistance, please contact Mrs. Gamez, our administrative director. mgamez@apamail.org

Free Adult English Classes

For anyone hoping to improve their English speaking skills, our adult English classes have begun! All are welcome to come join the class, taught by our wonderful ELL instructor, Mr. Gonzales. English classes are held on Mondays and Fridays from 2:30-3:15. No need to sign up...just come!

Exciting Opportunity to Become a Substitute Teacher! (Until 5 of you are persuaded to say "yes" 😊)

We're hiring substitutes at our West Valley 1 campus! If you're passionate about education and want to support our students, we'd love to have you join our team. We are looking for classroom and front office substitutes. Click [HERE](#) to apply and make a difference in our classroom community! Thank you for your support!



Volunteering at APA



THANK YOU to the parents who came and helped with the Ambassador event for 5th grade this last week! It was a royal celebration!

THANK YOU to the parents who helped set-up and clean-up for the Spelling Bee. The students were watered and signed and ballooned and ribboned and had so much fun!

THANK YOU to the parent who spent a day volunteering with Mr. Hendersen—giving some thorough sparkle and shine to some high-action places in the school!

THANK YOU to the parents who pop in just to check if any extra help is needed. You are so often the bright spot of a day!

Current/Upcoming Volunteer Opportunities:

Friday, February 7 – At least TWO Science Fair Judges needed! Our 6th grade science fair finalists will be presenting their projects at the upcoming Salt Lake Charter Science Fair. Each school is asked to help provide judges—so we have another fun opportunity for science fair judging! It is held at Salt Lake Community College-Miller Campus (9750 S 300 W, Sandy) and the time commitment for judges is 1:00-4:15pm. Lunch will be provided. To register and get more information, here is the link: <https://slcharterfair.weebly.com/judges--registration-open.html> Please email Mrs. Leavitt (lleavitt@apamail.org) if you are able to register and judge so she knows how hard she needs to recruit. 😊 Remember this is an early dismissal day for us and school is out at 12:15.

Thursday, Feb 6 – 6th Grade Ambassador event. 12-2:50. Come see firsthand the amazing things our students learn at their Ambassador events. 2 parent volunteers requested. Please email our Character Development director, Ms. Jackson, if you can help. jjackson@apamail.org



Reporting Your Volunteer Hours (Every week!)

Thank you for volunteering! This link and QR code to report hours will be at the end of every newsletter.

[Report Volunteer Hours](#)