



## School Calendar – WV1 Campus

May 2, 2019

Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>

May 6-May 10 - Monday, Tuesday, & Friday- 8:15am - 3:25/3:50 pm  
Wednesday & Thursday - 8:15am - 2:25/2:50 pm

Friday, May 3	7 <sup>th</sup> grade Masquerade Ball - 11:30-2:30 pm OR 3:30-6:30 pm (Students are assigned a time) <b>No Sistema or Collegium Hall</b>
Friday, May 3	8 <sup>th</sup> grade Masquerade Dinner and Ball - 5:00-10:00 pm
Saturday, May 4	Saturday School @ WV2 - 7:45 am - 11:00 am
Monday, May 6	Secondary - Mid-term Late Work Deadline
May 6-17	Secondary - RISE Testing - 7 <sup>th</sup> & 8 <sup>th</sup> Grades, Aspire Plus - 9 <sup>th</sup> Grade
May 6-17	Elementary - Core Knowledge Testing
Tuesday, May 7	DIBELS DAY - Volunteers Needed
Thursday, May 9	New Family Meeting - 8:15 am
Thursday, May 9	Sistema Final Concert - 5:30 pm ( <b>Dress rehearsal May 6<sup>th</sup> - 8<sup>th</sup></b> )
Thursday, May 9	Secondary Musical Concert - 7:00 - 8:00 pm - Gym
Friday, May 10	APA SPIRIT DAY
Friday, May 10	K-3 <sup>rd</sup> - Field Trips
Saturday, May 11	Saturday School @ WV2 - 7:45 am - 11:00 am
Thursday, May 16	Volunteer Assembly & Brunch- 8:15 am
Thursday, May 16	9 <sup>th</sup> grade Formal Dinner and Ball at La Caille - 4:30-10:00 pm
Friday, May 17	<b>Lights Off!</b> - 3:30-5:30 "Around the World 180 Days"
Saturday, May 18	Saturday School @ WV2 - 7:45 am - 11:00 am
Thursday, May 23	Memorial Day Assembly - 1:00 - 2:00 pm

### UPCOMING EVENTS

Friday, May 31 Last Day of School - 12:15 pm Dismissal

### Curriculum Deadlines

May 3- Last day to check out library books  
**May 15- All library books due**  
May 22- Secondary periods 1-3 books due  
May 23- Secondary periods 5-8 books due  
Kindergarten group books due  
May 24- 1-6 grade group books due

### Testing Schedule

April 29-May 3 - 4<sup>th</sup> - 6<sup>th</sup> Grades RISE TEST  
May 6-17 - 7<sup>th</sup> - 8<sup>th</sup> Grades - RISE TEST, 9<sup>th</sup> Aspire+  
May 6-17 - 1<sup>st</sup> - 6<sup>th</sup> Grades - CORE Knowledge Test

### Elementary End of Year

#### "Show What You Know" Shows

May 20 - 2<sup>nd</sup> Grade - 5:30-6:30 pm  
May 20 - 3<sup>rd</sup> Grade - 6:30-7:30 pm  
May 21 - 5<sup>th</sup> Grade - 5:30-6:30 pm  
May 21 - 6<sup>th</sup> Grade - 6:30-7:30 pm  
May 22 - 4<sup>th</sup> Grade - 5:30-6:30 pm  
May 23 - 1<sup>st</sup> Grade - 5:30-6:30 pm  
May 24 - Kindergarten - 9:00-10:00 am



## May's Builder's Theme: "I am a Builder when I am Respecting my Body and Mind"

A couple of friends went on a hike and struggled to get to the top of a treacherous incline. Finally, they made it to the top of the mountain! Exhilarated, exhausted, drenched in sweat and out of breath, the two friends decided to take a selfie to immortalize the moment. After looking at the picture, one of the friends wanted to quickly delete it. She didn't like how she looked and that thought pushed all the happiness of the moment away! On the way down the mountain, she started to turn it around. She realized that the body she worried didn't look good enough in a photo was the same strong body that had carried her successfully up the mountain. She began, instead, to feel great gratitude for her body.

Here are some ideas we can use to highlight the ways our bodies serve us:

- Every morning, remind yourself of all the amazing things your body does for you. You'll be surprised how much you rely on your body. You'll want to give your body a few "thank you's"!
- Roll your shoulders back and keep your head high when you're in public. Keep your chin up and feel confident; smile and feel happy.
- Spoil your body with nutrient rich foods. Feed it when it's hungry, rest when you're tired. Listen to your body.
- Try new activities that challenge you. Climb a mountain, talk to a stranger, etc.
- Take a look at your family and remember that your DNA is part of something that is bigger than you are. Got your father's nose? Your mother's smile? That's awesome! Own it!

### April Builder Winners

K - Jade Fuentes Ochoa

Ahmad Rupani

1<sup>st</sup> - Brendan Gray

Jonnathan Hernandez Perez

2<sup>nd</sup> - Alex Ashcraft

Jason Santillan Ramirez

3<sup>rd</sup> - Sosaia Mahe

Sebastian Soto Ochoa

4<sup>th</sup> - Jack Casarez

Arleth Jaimes

5<sup>th</sup> - Saia Kupu

D'Angelo Valdez

6<sup>th</sup> - Taylor Benton

Jocelin Romero

### Field Trips - Kindergarten - 3<sup>rd</sup> Grades - Friday, May 10

✚ Kindergarten - Tracy Aviary - 9:00 am - 2:00 pm - Regular Uniform

✚ 1<sup>st</sup> Grade - Museum of Natural Curiosity - 9:15 am - 3:00 pm - Regular Uniform

✚ 2<sup>nd</sup> Grade - This is the Place Park & Greek Olympics - 9:00 am - 3:00 pm - Regular Uniform

✚ 3<sup>rd</sup> Grade - The Salt Lake Landfill & Davis County Water Treatment Plant - 8:30 am - 3:00 pm - Regular Uniform

### Don't Miss Our "Best of 2019" Volunteer Assembly & Brunch

All parents—and all who have volunteered this year in any way—please put this date on your calendar. On Thursday, May 16 at 8:15 we will be having our annual "Best of 2019" Volunteer Assembly. Please come so our students and staff can have the opportunity to honor, entertain, and show our gratitude to all of our wonderful volunteers. Following the assembly in the gym, we invite you to stay for a yummy brunch in the multipurpose room. We LOVE our volunteers!

 **AMERICAN PREPARATORY**  
ACADEMY  
**APA WV1 10 Years of Excellence T-shirts**



We are celebrating “10 Years of Excellence” at American Preparatory Academy-West Valley 1! As part of our 2009-2019 celebration, we have exclusive WV-1 “10 Year” T-shirts on sale for \$10. Students can wear their t-shirt to school on Spirit Days (every Friday in May), for Field Day and for “Lights Off”. This is a great way for the whole family to show their APA pride.

Order your T-shirts by Monday, May 6<sup>th</sup>. Delivery will be made to the school by Thursday, May 16--in time to wear for our “Lights Off” family event on Friday, May 17, 3:30-5:30. Anyone wearing their new shirt can enter their name into a drawing for a prize.

T-shirts can be ordered online using this link--or can be ordered and paid for in the front office. We will also have APA Water Bottle for sale for \$6.00

<http://tinyurl.com/10yeartshirtwv1>

**2019-2020 Enrollment** - We still have available spaces for new students at our West Valley 1 Campus in our 4<sup>th</sup> & 5<sup>th</sup> grades for next year. We are doing school tours every Thursday morning, directly following our Elementary assembly at 8:15am

### **END OF YEAR TESTING**

Our end of year testing is in full swing and the kids are working hard. The testing consists of the RISE test - the state mandated testing that will replace the SAGE test for 3<sup>rd</sup> - 8<sup>th</sup> grade. SAT for K-2<sup>nd</sup> grades, and Aspire+ for 9<sup>th</sup> grade.

Elementary also will do the Core Knowledge test. The testing schedule is as follows:

May 6<sup>th</sup> - 17<sup>th</sup> - Jr. High - RISE & Aspire+

May 6<sup>th</sup> - 17<sup>th</sup> - Elementary - Core Knowledge

Here are some great tips to help your students continue to do their best:

- ✓ Please assist them in getting a good night’s sleep. Elementary students do best with 9-11 hours of sleep, while Junior High students need 8-9 hours of sleep. TV and computer screens just before bedtime can make it hard to fall asleep, so please limit these. Dimmer lights during this time can also help.
- ✓ Make sure they eat a wholesome breakfast high in proteins, whole grains, vitamins, and healthy Omega 3 fats that can be had from nuts, seeds, fish, and eggs.
- ✓ Testing will start first thing in the morning when your students’ brains are at their best, so please make sure they get to school on time or even a few minutes early.



- ✓ Please, do not check your students out of school, unless it is an emergency. Dental appointments, for example, are not emergencies. Being absent during this time means they will be doing makeup testing while their friends are participating in fun end of the year culminating activities.
- ✓ And finally, encourage your students, but please do not add to their stress level by YOUR stress level.

Snack Donations! To keep our students on their best game, we will be giving students healthy and easy to eat pre-test snacks. Examples of these are: whole grain and granola bars, fruits, such as grapes, apples or bananas, or cheese sticks. We're asking parents to donate a package of healthy snacks, if possible, to their students' classrooms. Please remember, these are not substitutes for a great breakfast.

### **Parent Advisory Committee Elections**

We are in the process of creating our Parent Advisory Committee (PAC) for the 2019-20 school year. PAC participates with the administration in developing the Annual School Plan, in deciding how the Land Trust monies will be spent and other matters important to our students at American Preparatory Academy. We have 2 parent PAC positions to fill at APA-West Valley 1. Parents of students who are employed 6 or more hours per week at the school are disqualified from participating as an elected parent.

The PAC generally meets 3-4 times per year. Members of the PAC will be expected to participate in all of these meetings so that a quorum may be present to conduct business. There are no term limits, so long as an elected parent has students enrolled in the school, is actively participating, and wishes to continue to do so.

These are the anticipated meeting dates, times, and places for the 2019-20 school year. **It is vital that you attend all three meetings if you are a member of the PAC. We must have a quorum in order to hold a meeting.** Failure to do so may result in the loss of your seat on the Committee.

1st Meeting at West Valley 1 will be on Friday September 20<sup>th</sup> at 10:00 AM.

2nd Meeting at West Valley 1 will be on Friday, March 20<sup>th</sup> at 10:00 AM.

3rd Meeting (Annual School Planning Meeting) This meeting will most likely be held in August after we get State Testing results back.

If you are interested, please contact Katie Fuller, [landtrust@apamail.org](mailto:landtrust@apamail.org), no later than Friday, May 10th, 2019, at 4pm. *Please include your name, the campus you are running for, a little campaign blurb, your students name and grade, your phone number and email address.*

• **We are holding elections at more than one campus, so it will be very important that you note in your email which campus' PAC you are running.** The ballot will go home in the last page of the May 16th newsletter. Each family may vote for two candidates, as we have two positions open. Ballots must be returned to the school before 4pm on May 24th. The candidates who receive the most votes will be posted in the May 30<sup>th</sup> newsletter.

### **APA-Spirit Wear Days - May 3, May 10, May 17, May 24 & May 31**

Go to our Online APA Apparel: <http://www.americanprep.org/store/>. You will receive an email when your online order is ready for pick-up. You will be able to pick your order up at the main office of your campus during school hours. Please allow a minimum of two weeks for processing online orders, and only come to the office when you have been informed that your order is ready!



### **REMINDER - ORDER SCHOOL LUNCH FOR APRIL**

It is time to order lunches for the rest of the school year! the link for online ordering can be found here: Go to <https://apalunch.h1.hotlunchonline.net/> and login.

Please contact [lunch@apamail.org](mailto:lunch@apamail.org) with questions or concerns.

### **Job Openings in WV1 Campus - More information at [americanprep.org/careers/](http://americanprep.org/careers/)**

Afterschool Collegium Hall Mentor \$12/hr. Go to <https://www.americanprep.org/careers/>



## **FSO - FAMILY SCHOOL ORGANIZATION**

### **Volunteers Needed May 3rd & 4th**

We're almost to the end of the school year! At the end of every year, our 7th and 8th grade students are able to participate in what we call a Culminating Ball - a big dance/dinner where they are able to use all the skills they've learned in the Ambassador program throughout the year. These Culminating Balls are SO fun... but also SO much work!

#### **WE NEED YOUR HELP!**

**Can you help us wash dishes, plate food, put away tables, stack chairs and vacuum classrooms?**

**Volunteers are DESPERATELY NEEDED on Friday May 3rd at 6:00 and Saturday May 4th at 4:30 at the WV1 campus (1255 W. Crystal Ave. WVC, 84119).** We'll be there all night on both nights (until around midnight) so we can use your help - even if it's just an hour! Let Mrs. Stevens know if you can help [hstevens@apamail.org](mailto:hstevens@apamail.org).



### **CULMINATING BALL SEASON FOR ALL SECONDARY!**

Our 7th and 8th grade students have their Culminating Balls! Make sure your student knows their **assigned time**. They should all have an invitation with the time and address on it. If you have ANY questions, please contact the Jr. high office or Mrs. Stevens!

#### 7th Grade Balls

11:30pm - 2:30pm OR 3:30pm - 6:30pm (as assigned)

Utah Cultural Celebration Center

1355 W 3100 S, West Valley City, UT

#### 8th Grade Dinner and Ball

5:00pm - 10:00pm

Dinner starts at WV1, students transported to dance @ UCCC

Dance at Utah Cultural Celebration Center

1355 W 3100 S, West Valley City, UT

**\*\*Don't forget about the parent honor dance! Come 20 minutes prior to the end of the ball to dance with your student!**

### **9th Grade Dinner and Ball at La Caille**

Our 9th grade students have their end of year dinner and ball at the French restaurant, La Caille on Thursday, May 16th. Invitations will be sent home with all the information you need, including the address. Please make sure your students arrive on time. The parent honor dance is at 9:40pm.

**Remember the ball is MANDATORY for students' 4th period grades.**

