



Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>

April 8-12 - Spring Break - **NO SCHOOL**
April 15-19 - Monday, Tuesday, & Friday- 8:15am - 3:25/3:50 pm
Wednesday & Thursday - 8:15am - 2:25/2:50 pm

Friday, April 5

APA Parents Club: "Meditation & Yoga" - 5:30 pm

Friday, April 5

Secondary-End of TERM 3, Elementary - End of Term 4

Saturday, April 6

Saturday School @ WV2 Campus - 7:45 am - 11:00 am

April 8-April 12

Spring Break- No School

Monday, April 15

Beginning Term 5-Elementary, Term 4-Secondary

April 15-19

WHITE RIBBON WEEK - "I've got the Power"

Tuesday, April 16

"**For Rizzle, Ms Drizzle?**" Opera 6:30 at Rose Wagner Theater Performed by Theater Production Club and Sistema. (Free) 138 Broadway, SLC

Thursday, April 18

"Show What You Know" Reading University Assembly - 8:15 am

Thursday, April 18

5th & 6th Grade Western Round-Up Ambassador Activity - 1:00-3:45 pm

Thursday, April 18

APA Parent Empowerment Meeting - "Internet Safety" - 5:00 pm

Friday, April 19

District **ART SHOW** @ WV2 Campus - 3:30 - 8:00 pm (Winners announced at 6:30 pm)
3636 West 3100 South, WVC

Saturday, April 20

District **ART SHOW** @ WV2 Campus - 9:00 am - 12:00 pm

Tuesday, April 23

Sistema Student Showcase and Opera "For Rizzle, Ms Drizzle?" Opera - 6:00 pm @ WV1

Wednesday, April 24

9th grade "Make a Difference Day" - 12:10 - 2:15 pm

Thursday, April 25

Geography Fair @WV2 - 9th Grade - 2:15-4:15 pm

Thursday, April 25

Parent Dance Lesson - 5:00 - 6:00 pm

UPCOMING EVENTS

Friday, May 3

7th grade Masquerade Ball - 11:30-2:30 pm OR 3:30-6:30 pm (Students are assigned a time)

No Sistema or Collegium Hall

Friday, May 3

8th grade Masquerade Dinner and Ball - 5:00-10:00 pm

Thursday, May 16

9th grade Formal Dinner and Ball at La Caille - 4:30-10:00 pm

Friday, May 17

Lights Off! - 3:30-5:30 "Around the World 180 Days"

**April's Builder's Theme: "I am a Builder when I am facing Obstacles
With Determination & Positivity"**

Optimism is a disposition or a tendency to look at the bright side of life. Nowadays, tips on how to be optimistic are everywhere. You can find them in movies, books, Facebook posts of your friends, in magazines. We all know how to do it and how important it is, yet common knowledge doesn't seem to be our common practice. Following are some options to help develop the skill of thinking optimistically:

***Look for a Silver Lining** - When you find yourself in a negative situation, look for the silver lining. Force yourself to find the positive side of things. There's always a bit of good in every bad situation; a lesson to be learned, new opportunities, a new perspective or just renewed appreciation of what you have and know already.

***Surround yourself with optimists** - People that we surround ourselves with have a big impact on us. If we spend a lot of time with negative people, their words will make us focus more on the bad side of things. After meeting up with them, we are left with the feeling of emptiness. On the other hand, when we connect to incredibly positive and inspiring folks their energy and enthusiasm become almost contagious to us. We rub off some of their drive and vitality so that it becomes a



fuel for our own life, supporting us to get unstuck and move forward.

***Engage in Random Acts of Kindness** - We get so consumed with our thoughts that we tend to forget about other people. Think of someone that you care about and try to do something nice for them. Make them smile. Help them. Surprise them with a gift. Their happiness will fill your soul with optimism. When you see someone smile, you will realize that not everything is dark. It'll make you feel helpful and more excited about life. You can do many little things every day.

March Builder Winners

K - Justyce Gallagher
Alexander Schaerrer

1st - Sophia Serrato
Andrew Wachtendorff

2nd - Desmond Johnson
Dexter Lake

3rd - Ramy Ismael
Sara Pacheco

4th - Vanessa Diaz-Alcala
Alonzo Memmott

5th - Jason Miles
Jarron Watson

6th - Brandon Martinez Vasquez
Noah Witkamp

White Ribbon Week "I've got the power" - April 15-19

After our powerful assembly with Collin Kartchner, we are ready for our next step of helping our students make positive choices in media and technology. Each day we will focus on power statements with lunch time and recess activities. Here is our schedule:

Monday: I have the power to not view embarrassing pictures or share hurtful words.

Tuesday: I have the power to turn it off.

Wednesday: I have the power to tell a trusted adult if something doesn't feel right.

Thursday: I have the power to ask before I download.

Friday: I have the power to make my friends make safe choices online.

We also invite parents to come to a special parent meeting on Thursday, April 18th at 8:45 am or 5:00 pm to learn more ways to help your students make positive choices in media and technology.

APA's Got Talent

Come one, come all to the greatest show on earth! APA's Got Talent is coming to WV1! This is an opportunity for students K-9 to show off their talents, whatever they may be. Auditions will be on Wednesday, April 17th at 2:45 with the Semi-finals on April 18th at 5:30 and the Finals on April 23rd at 6:30. Sign-ups will be outside Mr. Frickelton's office and you can pick up information in either the JH office or the Elementary office. Please come and support your friends as well! If you want to vote at the Semi-finals, the cost is \$1.00 per ticket. Concessions will be sold as well. See you there!

District Art Show

Our District Art Show will be held on Friday & Saturday, April 19th & 20th. On the 19th from 3:30 - 8:00 pm and on the 20th from 9:00 am - Noon. The show will take place at our West Valley 2 campus - 3636 W 3100 S. The awards will be announced on Friday evening at 6:30 pm.

UNIFORM CHECK

Parents—please use this spring break time to inspect your students' uniforms and do any needed repairs or replacements. Uniform pieces need to be clean and in good repair—all year long—and we are starting to see quite a few holes in pants and sweaters, and missing buttons on shirts. Please repair or retire these worn out items. We still have two months of looking amazing ahead! If you need assistance, the school has some used uniform pieces in excellent condition.



APA-Spirit Wear Days - April 5 & May 3

Go to our Online APA Apparel: <http://www.americanprep.org/store/>. You will receive an email when your online order is ready for pick-up. You will be able to pick your order up at the main office of your campus during school hours. Please allow a minimum of two weeks for processing online orders, and only come to the office when you have been informed that your order is ready!

Year Book - Purchase your 2019 yearbook now - Deadline April 18th!

Capture this year's memories with a yearbook, but don't delay! The deadline is almost here!

You may get an order form from the front office to pay cash or check. They are \$20.00 each. You may also order online with credit/debit card by visiting

1. www.schoolannual.com.
2. Click "Buy My Student's Yearbook".
3. Under school or group name, type "American Preparatory"
4. and select "American Preparatory Academy Campus 1"
5. from the drop-down menu. Click "2019 Yearbook" to purchase.

Also, please include a reminder to send vacation pictures from around the world to leddards@apamail.org.



REMINDER - ORDER SCHOOL LUNCH FOR APRIL

It is time to order lunches for the rest of the school year! the link for online ordering can be found here: Go to <https://apalunch.h1.hotlunchonline.net/> and login.

Please contact lunch@apamail.org with questions or concerns.

Job Openings in WV1 Campus - More information at americanprep.org/careers/

Afterschool Collegium Hall Mentor \$12/hr. Go to <https://www.americanprep.org/careers/>

FSO - FAMILY SCHOOL ORGANIZATION

Staff Appreciation Week Volunteers

Any volunteers that helped out with Staff Appreciation Week, either providing food or doing any service with decoration or preparing food, please be sure to record your volunteer time or contributions. Include what you did and how much time on the communication folders or come in and let the front desk secretaries know. It is so important that your volunteer time is recorded.

APA Parent Club

*APA Parents Club - "Meditation & Yoga" - Friday, April 5 - 5:30 pm

*APA Parent Empowerment Meeting - "Internet Safety" - Thursday, April 18 - 5:00 pm - Come learn about internet safety and how to teach it to your students! Childcare provided.



9th Grade Make a Difference Day

On Wednesday, April 24th our 9th grade students will participate in Make a Difference Day. They will be visiting Headstart schools to volunteer and serve at-risk students who come from families below the poverty level. Our 9th grade curriculum is geared towards peer mentorship, so our 9th grade get to be mentors to the students, as they do crafts with them, read to them and play games.

Parent volunteers are needed! Contact Hailey Stevens at hstevens@apamail.org or call 801.839.3613 ext.0033.



5th and 6th Western Round Up

YEE-HAW! Our 5th and 6th grade students will participate in the Western Round Up on Thursday, April 18th from 1:00-3:45pm. At this event the students will learn a fun line dance, learn the difference between the host and hostess and their responsibilities, how to stop bullying and how to be a hard worker. We love our elementary Ambassador events and how fun they are! If you are interested in volunteering for this event, please contact Hailey Stevens at hstevens@apamail.org.

CULMINATING BALL SEASON FOR ALL SECONDARY! It's definitely Ball season! On May 3rd, our 7th and 8th grade students have their Culminating Balls. Watch the mail box because their assigned times and dates are coming in the mail soon! Then, our 9th grade students finish out Ball season with a fancy dinner at La Caille on Tuesday May 15th. **Remember ALL of these Culminating Events are MANDATORY for students' 4th period grades.**

IMPORTANT: MANDATORY attire checks required for all students grades 7-9th for end of year balls. Students may email a picture of clothing for approval to hstevens@apamail.org, or stop by the ambassador office with clothing. Checking off of attire will count on the 4th period grade. Dress checks for 7th and 8th grade are the week after spring break, April 15th - 19th. Dress checks for 9th grade are due April 22 – 26th.

Parent Dance Social

On **Thursday, April 25th** parents are invited to learn a few simple dances to prepare themselves for the parent honor dance held for **7th-9th grade students** the night of the assigned ball. Come to the Multipurpose Room from **5:00-6:00pm** and learn from the best, Brandon Perry, our ballroom instructor. You can dance with your student, spouse or date. Students are not required to attend. It will be a fun night!

JUNIOR HIGH NEWS

SPORTS

Students staying after school

It is the APA policy that students be supervised at all times when on campus. This keeps our students safe and our facilities well cared for. We have previously allowed students to attend sporting events, with parent's permission. However, the school cannot provide personnel to supervise these students. From this point forward, students will not be allowed to attend sporting events after school unless they have a parent providing supervision. As always, students are welcome to stay after school in Collegium Hall or at a club until their parents come to check them out. Thank you for your support in keeping our students and school safe.

Girls Soccer Schedule- (6th - 9th)

Soccer practice will be held Tuesday and Thursday

Wed, Apr 17	4:00 pm	@Legacy Prep (2214 S 1250 W, Woods Cross)
Thurs, Apr 18	4:30 pm	@Ogden Prep (1435 Lincoln Ave, Ogden)
Wed, Apr 24	4:00 pm	@Ascent West Jordan (5662 W 8200 S, West Jordan)
May 6-10	TBD	State Tournament

Boys Volleyball Schedule - (6th - 9th)

Volleyball practice will be Wednesday and Friday

Tue, Apr 16	4:00 pm	HOME vs Legacy Prep
Thurs, Apr 18	5:00 pm	@Ogden Prep (1435 Lincoln Ave., Ogden)
Mon, Apr 22	4:00 pm	@Ascent Farmington (22 S 650 W, Farmington)
Thurs, Apr 25	4:00 pm	HOME vs. Hawthorn
May 6-10	TBD	State Tournament



AMERICAN PREPARATORY
ACADEMY

AFTER-SCHOOL PROGRAMS

Sistema & Collegium Hall

Mon, Tues, & Fri - 3:25 - 6:30pm/ Wed & Thurs - 2:25 - 5:30pm

Afterschool Phone: (801)839-3613 Ex 0044

Collegium Hall

Collegium Hall students have worked diligently and have been amazing in completing their homework this term, with the following totals:

7th--530

8th--939

9th--957

Join all your favorite mentors--Mr. C, Ms. Bennett, Mrs. Moreno, Ms. Haslam, Mrs. Gallardo and Mr. Langford--for all your homework needs and more! Remember, students must be on time to get a delicious snack.

We are in the process of hiring afterschool mentors: Afterschool Collegium Hall Mentor \$12/hr. Go to <https://www.americanprep.org/careers/> for more information.

CLUBS - If you have any interest in creating a club for this term, please get an application from Ms. Collier.

- **Board Games & Magic the Gathering** - Tuesday, 3:50-5:30pm - 6th-9th Grades - Room 138 - Mr. Christiansen
- **PE** - Last Wed of each month - 2:30-3:30pm - 6th-9th - Gym - Mrs. Western - March 27, April 24, May 22.
- **Robotics** - (Club full) - Thursday, 2:50-4:00pm - 4th-8th - Room 101 - Mrs. Deplace
- **Stage Productions** - Tues/Fri - 4:00-5:00pm - 4th-9th - Room 102 - Ms. Denison
- **Yearbook** (Photographers needed) - Every other Tuesday (Starting 11/27) - 4:00-5:00 pm - Rm 144 Mrs. Eddards (Average grade of C or above)
- **NEW - 3-D Printing Club**- Starting Wednesdays - March 13 - 2:30-4:30 - Room 138 Mr. Law (Jr. High only)



We are so excited about the many opportunities our Sistema students have coming up! Some of our students are getting ready to perform an opera they wrote themselves! We can't wait to share our final concert with you so you can see how much the students have learned this year! On the last days of Sistema, we will be having WV1's very first Sistema Festival, in which each student gets an opportunity to perform a solo! With all these, and even more exciting opportunities fast approaching, each student needs to attend their instrument class at least 4 times a week, so they can be successful and enjoy these awesome performance opportunities!

Sistema Calendar:

- April 16 - "**For Rizzle, Ms Drizzle?**" **Opera** 6:30 at Rose Wagner Theater Performed by Theater Production Club and Sistema. (Free) Performers will take the bus to Rose Wagner at 4:00. We have many Sistema students who have been invited to participate in this event. 138 Broadway, SLC
- April 18 - **Parent Empowerment Meeting** - "Internet Safety" - 5:00 pm - Childcare provided
- April 23 - **Sistema Student Showcase and Opera "For Rizzle, Ms Drizzle?" Opera** - 6:00 pm
- May 6th - 8th - Sistema Dress Rehearsals
- May 9 - **Sistema Final Concert - 5:30**
- May 10 - **Sistema Fun Day**
- May 17 - **Lights Off - 3:30-5:30** "Around the World 180 Days" -- **NO SISTEMA**
- May 29 - **Last Day of Sistema**