



School Calendar – WV1 Campus

March 01, 2019

Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>
West Valley One Facebook link: <https://www.facebook.com/americanprepWV1>

March 1-March 8, Monday, Tues 8:15 am-3:25/3:50 pm
Wed- 8:15am-12:15 pm, Thursday & Friday 8:15-12:15 pm

Friday, March 1 st	WV1 Mandatory Enrollment “Celebration of Excellence” Annual Parent Meeting 8:15 am or 2:30 pm- to receive next year’s Re-Enrollment registration packet
Friday, March 1 st	APA Spirit Day
Saturday, March 2	Saturday School- at WV2 Campus 7:45 am-11:00 am
Monday, March 4	Jr. High late work Mid-term deadline
Tuesday, March 5	APA Parent Empowerment Addictions Workshop Renaissance Ranch
Thursday, March 7	New Families Meeting & School Tour 8:15-10:00 am
Thursday, March 7	12:15 Dismissal- ALL STUDENTS – NO Sistema/ NO Collegium Hall
Thursday, March 7	Elementary and Jr. High Parent/Teacher Conferences
Friday, March 8	12:15 Dismissal – ALL STUDENTS- No Sistema/ No Collegium Hall
Friday, March 8	Elementary and Jr. High Parent/Teacher Conferences
Friday, March 8	Land Trust Meeting 10:00 am
Saturday, March 9	Saturday School- at WV2 Campus 7:45 am-11:00 am
Sunday, Mar 10	Daylight Saving time start

UPCOMING EVENTS

Tuesday, Mar 12	Parent University @ WV2 campus
03/11-03/15	Teacher Appreciation Week
Wednesday, March 13	National Latin Exam
Thursday, March 14	New Families Meeting 8:15 am
Thursday, March 14	No Sistema/ No Collegium Hall
Friday, Mar 15	Builder of the Year Assembly at 1:30 pm
Friday, March 15	Re-enrollment Online due date
Tuesday, March 19	APA-WV1 Spring Music Concert, Elementary 6:00/ Secondary 7:00 pm
April 1 st	Jr. High End of Term Late work deadline
April 2 nd	APA Parent Empowerment Child Abuse Workshop at 6:00 pm
April 5 th	APA Parents Club: “Meditation & Yoga”, April 5 @ 5:30 pm
Jan 3-April 5	Secondary 3 rd TERM
Feb 25-April 5	Elementary 4 th TERM
April 8-April 12	Spring Break- No School

**WV1 Re-Enrollment Mandatory Meeting
“Celebrating Excellence”**

Thursday, February 28,	5:30 pm
Friday, March 1st	8:15 am
Friday, March 1st	2:30 pm

Meetings will start promptly at the time listed and will last for one hour.

Families that do not attend an enrollment meeting will be dropped from enrollment at American Prep.



March's Builder's Theme: "I am a builder when I quickly acknowledge mistakes and humbly make amends"

What Is an Apology?

An apology is a statement that has two key elements:

1. It shows your remorse over your actions.
2. It acknowledges the hurt that your actions have caused to someone else.

We all need to learn how to apologize – after all, no one is perfect. We all make mistakes, and we all have the capability to hurt people through our behaviors and actions, whether these are intentional or not. It isn't always easy to apologize, but it's the most effective way to restore trust and balance in a relationship, when you've done something wrong.

There are many reasons why you should make a sincere apology when you've hurt someone unnecessarily, or have made a mistake.

First, an apology opens a dialogue between yourself and the other person. Your willingness to admit your mistake can give the other person the opportunity he needs to communicate with you, and start dealing with his feelings.

When you apologize, you also acknowledge that you engaged in unacceptable behavior. This helps you rebuild trust and reestablish your relationship with the other person. It also gives you a chance to discuss what is and isn't acceptable.

What's more, when you admit that the situation was your fault, you restore dignity to the person you hurt. This can begin the healing process, and it can ensure that the person doesn't unjustly blame themselves for what happened.

Last, a sincere apology shows that you're taking responsibility for your actions. This can strengthen your self-confidence, self-respect, and reputation. You're also likely to feel a sense of relief when you come clean about your actions, and it's one of the best ways to restore your **integrity** in the eyes of others.

Snow Day Make-Up Day & Calendar Revision:

Heavy snow and dangerous road conditions forced the cancellation of school for American Prep on Wednesday, February 6th. We hope your students enjoyed the day off and that everyone was safe. As a result of the snow day closure, we have revised our yearly calendar to include the following make-up days.

Thursday, March 7th 12:15 dismissal for PTC

Friday, March 8th 12:15 dismissal for PTC

APA-Spirit Wear

Go to our Online APA Apparel: <http://www.americanprep.org/store/>. You will receive an email when your online order is ready for pick-up. You will be able to pick your order up at the main office of your campus during school hours. Please allow a minimum of two weeks for processing online orders, and only come to the office when you have been informed that your order is ready!

Spirit Wear days: March 1, April 5, May 3.



Elementary Parent/Teacher Conferences

March 7th 1:00- 7:00 pm & March 8th 1:00-4:00 pm.

Please schedule a meeting time with Elementary teachers.

- Novak - <https://www.signupgenius.com/go/5080848afa82ba5fa7-elementary4>
- Trejo - <https://www.signupgenius.com/go/70a0d4eacaa2ea1f58-elementary1>
- Judd - <https://www.signupgenius.com/go/5080d49a9aa2aaafb6-elementary6>
- Nath - <https://www.signupgenius.com/go/20f0848abab29abfd0-elementary4>
- Peterson - <https://www.signupgenius.com/go/20f0445adab23aaafb6-elementary4>
- Spencer - <https://www.signupgenius.com/go/409084badaf28a1fb6-elementary5>
- Deplace - <https://www.signupgenius.com/go/30e0b4aa5aa2aa5f85-elementary5>
- Twitchell - <https://www.signupgenius.com/go/20f0445adad29a1fc1-elementary5>
- Denison - <https://www.signupgenius.com/go/4090f4eada72ba4fb6-elementary4>
- Stolworthy - <https://www.signupgenius.com/go/70a0d4eacaa2ea6fc1-elementary1>
- Boynton - <https://www.signupgenius.com/go/20f0445adac2ea0fa7-elementary3>
- Furniss - <https://www.signupgenius.com/go/70a0e45acab2fa7fc1-elementary1>
- Lloyd - <https://www.signupgenius.com/go/20f094fada729a5fd0-elementary1>
- Young - <https://www.signupgenius.com/go/5080848afa82baafd0-elementary3>

Year Book - Purchase your 2019 yearbook now!

Capture this year's memories with a yearbook, but don't delay! The deadline is almost here! You may get an order form from the front office to pay cash or check. They are \$20.00 each. You may also order online with credit/debit card by visiting

1. www.schoolannual.com.
2. Click "Buy My Student's Yearbook".
3. Under school or group name, type "American Preparatory"
4. and select "American Preparatory Academy Campus 1"
5. from the drop-down menu. Click "2019 Yearbook" to purchase.

Also, please include a reminder to send vacation pictures from around the world to leddards@apamail.org :)

REMINDER TO ORDER LUNCH-

It is time to order lunches for the rest of the school year! the link for online ordering can be found here: <https://www.americanprep.org/school-lunch-program/>



Girls & Boys Assistant Coach needed

Assisting coaches needed: Parents If you are interested in assisting our coaches, please contact Mrs. Western at awestern@apamail.org

Girls soccer and Boy's Volleyball (6th-9th grades) try outs are on 2nd week of March, games will start on 3rd week of March.

Practice for girls' soccer will be held Tues and Thurs, games will be played Mon and Wed.

Boys volleyball is opposite of that with games on Tues and Thurs and practice on Wed and Fri


AMERICAN PREPARATORY
ACADEMY
FSO - FAMILY SCHOOL ORGANIZATION

APA Parent Club

We have three great events this month for our amazing parents.

1. Parent Empowerment Meeting “Addiction Prevention”
Tuesday, March 5, 2019, 6:00
We will have a special session for secondary students at 5:00, and Childcare provided
2. Parent University at WV2 Campus- *For Parents of Secondary Students*
Tuesday, March 12, 2019, 5:30
3. Parent Empowerment Meeting- “Mental Health and Suicide Prevention”
Tuesday, March 19, 2019, 6:00. Childcare provided

AMBASSADORS

7th and 8th Grade 70’s Flashback Event

On Wednesday, March 20th we will be having our 70’s flashback event for all 7th and 8th grade students from 1:10 to 3:45pm. It will be a groovy party where students will have the chance to practice going through a reception line, jive to some awesome disco music, learn how to manage stress with yoga techniques and much, much more!



Parents! Volunteers are needed and welcome at this event from 12:30pm to 3:45pm. We will need help leading groups to different stations, setting up games, and assistance with set-up and clean up. If you are available to help for any amount of time, please contact Hailey Stevens at hstevens@apamail.org or call the Ambassador Office at 801-839-3613 ext. 0033.

7th and 9th Grade Capitol Trips

Our 7th and 9th grade students had the opportunity to visit the state capitol! Students toured the capitol building and observed committee meetings discussing current bills for education reform and natural resource concerns. They also had the privilege to see floor time in both the Senate and the House. In this enriching experience, students got to see first-hand what happens when Congress is in session.

JUNIOR HIGH NEWS

Tuesday, March 5 is our Parent Empowerment Addictions Workshop Renaissance Ranch. Your student can have tardies removed with your attendance!

Secondary Parent/Teacher Conferences

Parents, we will be having our Jr. High Parent Teacher Conferences on March 7th from 1:00-7:00 pm and March 8th from 1:00-4:00 pm. Parents may come at any time, open house style. Teachers will be available in the MP Room. Please come prepared to talk about the rest of the school year and how to support your student(s) through testing and finals. Mrs. Okelberry will also be available if you would like to talk to her.

Attendance School

Attendance/Tardy school for Jr. High students will begin on March 2nd and March 9th. Students who have over 3 tardy marks in a single period will be required to attend. Grades in classes will appear as “NG” (No Grade) until tardies are paid for and students have attended tardy school. Each tardy over 3 will cost \$5 and 1/2 hour in tardy school. Please pay to the front office at WV2 Campus. If you have questions please address them to Mrs. Okelberry.



AFTER-SCHOOL PROGRAMS

Sistema & Collegium Hall

Mon, Tues, & Fri - 3:25 - 6:30pm/ Wed & Thurs - 2:25 - 5:30pm

Afterschool Phone: (801)839-3613 Ex 0044

Collegium Hall

Secondary students have some amazing homework totals for Term 3: Keep up that momentum, builders!

7th---245

8th---482

9th---446

Join all your favorite mentors--Mr. Unsworth, Mr. C, Ms. Bennett, Ms. Davis, Ms. Moreno, Ms. Haslam, and Mr. Taylor--for all your homework needs and more! Come on time if you want a snack. =) Also, Collegium Hall students will be attending an Addiction Prevention Presentation--*Keep Your Brain in the Game*, on Tuesday, March 5 at 5:00pm. There will be incentives for attending. There is also a 6:00pm presentation for parents. We hope to see everyone there!

CLUBS - If you have any interest in creating a club for this term, please get an application from Ms. Collier.

- **Board Games & Magic the Gathering** - Tuesday, 3:50-5:30pm - 6th-9th Grades - Room 138 - Mr. Christiansen
- **PE** - Last Wed of each month - 2:30-3:30pm - 6th-9th - Gym - Mrs. Western - Nov 28, Dec 19, January 30, February 27, March 27, April 24, May 22.
- **Robotics** - (Club full) - Thursday, 2:50-4:00pm - 4th-8th - Room 101 - Mrs. Deplace
- **Stage Productions** - Tues/Fri - 4:00-5:00pm - 4th-9th - Room 102 - Ms. Denison
- **Yearbook** (Photographers needed) - Every other Tuesday (Starting 11/27) - 4:00-5:00 pm - Rm 144 Mrs. Eddards (Average grade of C or above)
- **COMING SOON! 3-D Printing Club- Wednesdays 2:30-4:30**
Room 138 Mr. Law (Jr. High only)



Sistema **MAKE A NOTE!**

Next week Ms. Findlay's rock band "Nick Passey and the Perpetual Sadness" will be performing for Sistema on March 5th at 6:00 pm. Everyone is welcome to join us for this exciting live concert.

Sistema Calendar:

- March 2 Utah Philharmonic Concert 7:30 pm, Pick up free passes at the Sistema desk. Our WV2 Advanced Sistema Strings will be performing with the Utah Phil.
- March 4 Nick Passey Band live performance 6:00 pm
- March 6 Bach Buck Store
- March 7-8 No Sistema Parent Teacher Conferences
- March 14 No Sistema Staff Appreciation Dinner
- March 18 Bill White, Guitar live performance 6:00 pm
- April 16 "For Rizzle, Ms Drizzle?" Opera 6:30 at Rose Wagner Theater Performed by Theater Production Club and Sistema.
- April 23 Sistema Student Showcase and Opera "For Rizzle, Ms Drizzle?" Opera 6 pm
- May 9th Sistema Final Concert 5:30 pm