



## School Calendar – WV1 Campus

May 18, 2017

Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>  
West Valley One Facebook link: <https://www.facebook.com/americanprepWV1>

School Hours – May 22-26: Mon, Tues & Fri-8:15 am -3:25/3:50 pm  
Wed & Thurs-8:15- 2:25/2:50 pm

Fri, May 19	Field Trip – Kindergarten – <b><u>No School Lunch-Bring home lunch</u></b>
May 22 – June 2	1 <sup>st</sup> – 6 <sup>th</sup> Grade Core Knowledge Testing
Mon, May 22	Lights Off – 3:30-6:30 pm – Family Event
Thurs, May 25	Memorial Day Assembly – 1:00 pm
Fri, May 26	Field Trip – 1 <sup>st</sup> – 3 <sup>rd</sup> - <b><u>No School Lunch-Bring home lunch</u></b>
Mon, May 29	Memorial Day – NO SCHOOL
Wed, May 31	Sistema Final Concert – 5:30 pm

### Other dates:

Thurs, June 1	Volunteer Appreciation Assembly – 12:30 pm
Fri, June 2	Last day of Kindergarten
Fri, June 2	Last day of Collegium Hall/Sistema
Tues, June 6	Jr. High Music Concert – 6:00 pm
Wed, June 7	Jr. High Field Day – 12:15 Dismissal
Thurs, June 8	Elementary Field Day – 12:15 Dismissal
Fri, June 9	Last day of School – 12:15 Dismissal

### Elementary End of Year “Show-What-You-Knows”

Kindergarten – Friday, June 2 – 9:00 am  
1<sup>st</sup> Grade – Thursday, June 1 – 6:00 pm  
2<sup>nd</sup> Grade – Friday, June 2 – 6:00 pm  
3<sup>rd</sup> Grade – Tuesday, May 30 – 7:00 pm (Change of date & time)  
4<sup>th</sup> Grade – Tuesday, May 30 – 6:00 pm  
5<sup>th</sup> Grade – Wednesday, June 7 – 6:00 pm (Change of date & time)  
6<sup>th</sup> Grade – Monday, June 5 – 6:00 pm

### May Builder’s Theme – “I am a Builder when I am Respecting my body and mind”

“Respect yourself enough to walk away from anything that no longer serves you, grows you, or makes you happy.” *Robert Tew*”

Respecting the physical body. Our body is an amazing, beautiful machine with the ability to perform incredible feats, heal itself, and serve us well into our later years. When we honor our body, we honor that which created us. Therefore, it’s important to appreciate, nurture, and respect our bodies. Honor your body by thinking about all it does for you. No matter what shape your body is in, it has served you well for many years. Even if you’d rather be thinner, more muscular, or even taller, be grateful for the body you have. Every day, give yourself a pat on the back that you can walk, talk, laugh, dance, sing, all the things that you might take for grants.



Give your body the best in terms of food, exercise, and care. Choosing to eat wholesome, healthy foods is a good investment for long-term health. Your body needs the proper fuel to function well and deserves the best nutrients that you can afford.

Exercise daily. Your body wants and needs to move. Just 30 minutes a day of walking can be beneficial. Treat your body with relaxing baths, facials, massages, and proper medical care. Practice good hygiene and see a doctor and dentist regularly. Meditate to allow your body to de-stress and rejuvenate. A healthy body includes a sharp mind; so challenge your mind with new experiences.

Your body will tell you what it needs if you just listen. At times, your mind and emotions may be confused, but your body doesn't lie. Pay attention to what feels good and bad and how your body reacts to certain situations and people. Generally, when your body feels light, things are right. When you feel tense and uneasy, there's a reason.

### **School Lunch Update – Check the menu, there have been a few changes**

We now have the menu up for the rest of the year. Please order as soon as possible from now until June! (Go to the “today” tab on the right top corner and press “>” to get to the new month.) We need to give our new vendor the lunch order **2 school days** in advance – that means if you want lunch on Monday, you will need to order by Thursday noon, if you want to lunch for Tuesday, please order by Friday noon. If you do not order by the deadline - please send a home lunch! We only receive the lunches that were ordered online. (No extra lunches available).

Remember to go to the new APA link to order. <http://apalunch.hi.hotlunchonline.net>.

Your email and password are the same! If you need to change them, DO NOT OPEN A NEW ACCOUNT. To change email or password contact, Kristine Stevens [kstevens@apamail.org](mailto:kstevens@apamail.org), 805.839.3613 ext 142.

### **Lights Off Family Event**

Yee Haw! It's time for our second annual Lights Off Family Event on Monday, May 22nd, from 3:30 pm to 6:30 pm! Our school day teachers and afterschool staff are excited to celebrate the end of another successful school year with you! Come ready for a western hoe down, complete with free BBQ sandwiches and treats, country dancing, music, bounce houses, a live animal corral, family outlaw photo booth, and more! We will also be concluding the afternoon with a WVI tradition - our staff and parent vs. student soccer game! **Students will be allowed to wear their blue polo shirt or spirit wear with jeans this day. No Sistema or Collegium Hall.** Students attending Lights Off need to be accompanied by an adult.

**We are looking for donations** of large bags of chips (bring your favorite!) and packs of full size, 16.9 oz. water bottles. Please bring donations to the front office and you can earn volunteer hours in exchange. Thank you in advance!

### **Classroom Quilts – “Life’s Treasures”**

This year, we also have a silent auction fundraiser that will be starting in the front lobby of the school for the weeks leading up to the event. Be sure to take a peek at the beautiful quilts that will be on display! There are tables in the lobby that you can start putting your bid in for these quilts. These are quilts with 1<sup>st</sup> -6<sup>th</sup> grade artwork displayed on them. Each class has contributed the artwork for one quilt. Minimum bid is \$30 and will increase, as bid upon by \$5.00 increments. A special thanks to the Magna Senior Center for tying the quilts. Bidding will close at 6:00 pm the day of the event, and winners will be announced that evening at Lights Off! Winners can pay and pick up their quilts at the auction table.

### **Memorial Day Assembly—Parent RSVP**

On Thursday May 25<sup>th</sup> at 1:00 pm will be our annual Memorial Day Assembly. We look forward to this annual assembly where our students are taught through example and through their own participation how to respect and honor our nation's fallen soldiers. We hope for every parent to have the opportunity to attend this assembly at some time. Because seating is limited, we are asking interested parents to please RSVP to the front office--Mrs. Hernandez or Mrs. DeLaMare (801-839-3613 or [mhernandez@apamail.org](mailto:mhernandez@apamail.org) / [kdelamare@apamail.org](mailto:kdelamare@apamail.org)). School aged children are welcome—but please make other arrangements for babies and preschoolers.



### **Memorial Day "Buddy Poppy"**

As part of our Memorial Day Celebration, each of our students is given a "Buddy Poppy" to wear for the day and to take home. These artificial poppies have been a symbol of fallen and wounded veterans since World War II. They are traditionally sold on street corners by veterans, and donations received in return for these artificial poppies have, over the years, helped countless veterans, widows, widowers and orphans of fallen soldiers. The poppy itself continues to serve as a perpetual tribute to those who have given their lives for our nation's freedom.

We encourage each of our students to find a way to contribute to this fund this year. An envelope will be attached to the student's learning plan to be returned with any donations you would like to make. Our school will be accepting donations for our veterans until June 6. Please use the envelope stapled to your student's learning plan, or extras are available in the office. The envelopes can be turned in to your student's teacher or the main office. Your donation will be greatly appreciated.

### **Field Trips – No School lunches, Bring home lunch!**

Kindergarten – Friday, May 19 – Zoo – 9:30-3:00 - Friday Attire

1<sup>st</sup> Grade – Friday, May 26 – Aquarium & Scheels – 10:00-3:15 – Friday Attire

2<sup>nd</sup> Grade – Friday, May 26 – Krishna Temple in Spanish Fork & Park – 8:20-3:15 – Friday Attire

3<sup>rd</sup> Grade – Friday, May 26 – Landfill & Water Treatment Plant – 9:00-3:00 – Friday Attire

### **VOLUNTEERS: Are You Still Working On Your Hours?**

Are you still working on getting your 20 hours of volunteer time? Or, do you just need some extra fun before the end of the school year? Here are some volunteer opportunities coming up that we would love to have your help with. We will continue to update the list through the end of the school year. Please be sure to record your volunteer hours on your brown communication envelope.

- Donating healthy snacks for our students during testing (All month.) You can earn volunteer hours by making these kind of donations. Put the name of the class—or "use where needed"—on the donation and turn it in to the front office. Record your donation and its hours equivalent on the communication envelope.
- Donating bags of chips or water bottles for our Family "Lights Off" Event. (Before Monday, May 22<sup>nd</sup>—the day of the event.) Donations can be turned in to the front office. Write "Lights Off" on the donation. Be sure to record this on your communication envelope. (Contact for questions: Ms. Motz amotz@apamail.org)
- Chaperoning for Kindergarten Field Trip (Friday, May 19) Check with kindergarten teachers for info on this.
- Set up for "Lights Off" Family Event (Monday, May 22, 12:00-3:00 pm) Help us get ready for this fun day! Check in at the office. (Contact for questions: Ms. Motz amotz@apamail.org)
- Chaperoning for 1<sup>st</sup>-3<sup>rd</sup> Grade Field Trips (Friday, May 26) Check with your individual teachers for their chaperone needs.
- Kindergarten Field Day (Check with kindergarten teachers for date and info on this!)
- Attend the Volunteer Appreciation Assembly! (Thursday, June 1 @ 12:30 pm.) Really! Earn double hours for coming to this event! You don't have to do a thing but sit back and enjoy while the elementary students share their "Best of 2016-17" Show-What-You-Knows and share their appreciation of you! Meet in the gym! Assembly will be followed by desserts in the multipurpose room.
- Elementary "Clean-the-classroom" Day (Wednesday, June 7, 8:15-12:15) Parent help supervising the students as they clean their classrooms is SO helpful. Check with your teacher if you can help with this.
- Elementary Field Day (Thursday, June 8) Many volunteers are needed to make this fun day happen! If you can be part of this team, text or e-mail our FSO president, Viviana Montañó and she will get you on the list! (801-707-8908 / vemamapollita@hotmail.com)
- Ongoing, anytime volunteer jobs: Helping with lunches, volunteering in the classroom, grading, office help, cleaning jobs, weekend work on the school grounds—anyway you can think of volunteering!



**SPIRIT DAYS & SPIRIT WEAR** – Check the calendar for our upcoming scheduled Spirit Days – celebrating our wonderful accomplishments and the West Valley I “Spirit of Learning.”

**Spirit Wear Days:** Friday, June 9<sup>th</sup>

**HOW TO ORDER SPIRIT WEAR** – Go to our Online APA Apparel: <http://www.americanprep.org/store/>

You will receive an email when your online order is ready for pick-up. You will be able to pick your order up at the main office of your campus during school hours. Please allow a minimum of two weeks for processing online orders, and only come to the office when you have been informed that your order is ready!

**Place your order as soon as you can so you can join in the celebrations!**

**School Tours** – On Thursday mornings, following the assembly, approximately 8:45 am, we will be inviting parents to go on a tour of our campus. This is a great opportunity to see how things work, ask questions and enjoy the atmosphere of our West Valley I campus. Please let your friends know.

**Box Tops** – **KEEP THEM COMING!** Only a few more weeks left for this year. We really need everyone’s help in reaching our goal for the year. Plus, a great chance to face off against our staff in Dodgeball!

### **Parent Advisory Committee Elections**

**Parents we need your help – no one has stepped forward to run for these 2 positions.** We were scheduled to have elections this week and are having to put that off another week. It is about one hour of your time 3 times a year and counts towards your volunteer time. This campus receives about \$54,000 in Land Trust monies. These monies have previously been spent on the student’s technology needs, such as; adding and replacing outdated computer carts for the students. Without a committee, we will have to turn these funds down. These funds directly impact your student. Please consider running and help make a difference in the lives of our students. Thank you!

We are in the process of creating our Parent Advisory Committee (PAC) for the 2017-18 school year. PAC participates with the administration in developing the Annual School Plan, in deciding how the Land Trust monies will be spent, and other matters important to our students at American Preparatory Academy.

We have 2 parent PAC position to fill at APA-West Valley I. Parents of students who are employed 6 or more hours per week at the school are disqualified from participating as an elected parent.

The PAC generally meets 3-4 times per year. Members of the PAC will be expected to participate in all of these meetings so that a quorum may be present to conduct business. There are no term limits, so long as an elected parent has students enrolled in the school, is actively participating, and wishes to continue to do so.

These are the anticipated meeting dates, times, and places for the 2017-18 school year. **It is vital that you attend all three meetings if you are a member of the PAC. We must have a quorum in order to hold a meeting.** Failure to do so may result in the loss of your seat on the Committee.

1st Meeting at West Valley I will be on Friday, September 29 at 10:00am.

2nd Meeting at West Valley I will be on Friday, January 26 at 10:00am.

3rd Meeting (Annual School Planning Meeting) This meeting will most likely be held in late July, after we get State Testing results back.

If you are interested, please contact Kim Dudley, [landtrust@apamail.org](mailto:landtrust@apamail.org) no later than Monday, May 22, 2017 at 8am. *Please include your name, the campus you are running for, your students name and grade, your phone number and email address.*



# AMERICAN PREPARATORY

A C A D E M Y

○ We are holding elections at more than one campus, so it will be very important that you note in your email for which campus' PAC you are running. The ballot will go home in the communications folder, May 25<sup>th</sup> newsletter. Each family may vote for 2 candidates, since we have 2 openings. Ballots must be returned to the school by 4pm on Tuesday, May 30<sup>th</sup>. The candidate who receives the most votes will be posted in the June 1<sup>st</sup> newsletter. Candidates will be notified of the results by email on May 31<sup>st</sup>.

## Guidelines for carpool

- The parking spaces at the north end of the building are going to be designated “staff only” parking. This will minimize traffic in this area during peak carpool times. We ask parents and visitors to park *inside* the lot if they are coming inside the building.
- There will be no student drop-off on Crystal Avenue in the morning. Please follow the normal morning carpool procedure—one line, pulling forward as directed, students exiting the car only after you have pulled past the front doors. This is quick and efficient and only takes a few minutes. Please do not drop your students off in the parking lot unless you are walking into the school with them.
- For afternoon carpool, the gates in the back will be open for 2<sup>nd</sup> dismissal cars to wait until 5 minutes before that carpool begins. If you are coming inside the building, please park *inside* the parking lot.
- If your students have walking passes, but you intend to pick them up on a given day, please follow the normal carpool procedure OR allow them to walk off campus and meet you on one of the side streets. Please do not park along Crystal Avenue as this creates unsafe and unnecessary congestion during this busy traffic time.

Thank you for your cooperation with this. If you feel you have exceptional circumstances, please schedule a time to meet with the school administration to discuss this.

## Jr. High

Congratulations to our amazing 2017 Junior High coed soccer team! They had an unparalleled, undefeated regular season! Coached by Mr. Phillip Howard, they played brilliantly in the Utah Charter School Sports Association tournament and earned a place in the championship game last week. All who attended will attest—it was a heart stopping, thrilling game—with both teams battling to the final seconds! In a 2-1 finish, American Prep-WVI, claimed a beautiful 2<sup>nd</sup> place trophy for the school! Though not the finish they'd aimed for—it was a stellar team performance to complete a stellar season! Congratulations to each member of the team on this awesome accomplishment!

## After-School Programs (Sistema & Collegium Hall)

### Collegium Hall

We're heading into our last term with great momentum! Completing over 3000 assignments last term, students have been working hard to track and complete their homework and missing work. They have currently completed 1237 assignments. Parents, please remember that you are always welcome to attend Collegium Hall with your student!

**Last day of Collegium Hall will be June 2.**

**Achieving Academic Success and Developing Good Character**

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### Elementary:

- Knights of the Game Table: Mondays - 3:50-4:50 pm
- Sistema: M/T/F - 3:50-6:30 pm, W/Th - 2:50-5:30 pm
- 6th Grade Art Club: Mondays - 3:30 - 5:00 pm

### Secondary:

- Latin Club: Monday and Thursday - during 2<sup>nd</sup> dismissal
- S.T.E.A.M Club: Every other Wednesday (Some Thursdays) 2:30 - 4:00 pm
- Math Club: Tuesday - 4:00-5:00 pm, Wednesday - 3:00-4:00 pm
- Collegium Hall: M/T/F - 3:30-6:30 pm, W-Th - 2:30-5:30 pm
- Gardening Club - Th - 6<sup>th</sup> - 9<sup>th</sup> - 3:00-4:15 pm

### Sistema MAKE A NOTE!

May 22<sup>nd</sup> Lights Off - 3:30-6:30

May 29<sup>th</sup> - No Sistema (Memorial Day)

May 31<sup>st</sup> - 5:30 p.m. Sistema Spring Concert

**June 2<sup>nd</sup> Last Day of Sistema**

June 5-9 - No Sistema the last week of school

### Sistema Registration

Registration is now open for the 2017-18 school year. All current Sistema students will need to re-register for next year. Attached is the QR codes for the English and Spanish.

English: <http://goo.gl/forms/OrxgdQyrebFYm6Mv2>



### Every Monday Matters:

This year we have added to our musical training a unit called Every Monday Matters. The purpose is to help the students see their importance in the world. We have a different theme of the month and special lessons each week. The theme for the month of May is Monday Gets Healthy. Week 4 - Be Safe

**Wanted: Sistema Concert Volunteers** - We need parent volunteers for the Sistema concert in May 31. We need to provide dinner for the students so that they can perform at their best. We need parent volunteers to help plan and serve the dinner. We also need a few parents to sit with students during the practice and performance.

**Donations** - the kindergarten students are in need of 150 clean cardboard egg cartons. They must be the one dozen size and must be made out of cardboard and not styrofoam. We will be using these egg cartons as part of their summer violin practice kits. They will be using them as violins. The upside down egg carton is perfect for teaching kids to have a straight bow as they open and close their bow arm. Thank you for your donations.